

# **SAFEHAVEN**<sup>TM</sup> **CLINICIAN WELL BEING PROGRAM**

Rediscover meaning, joy and purpose in medicine.

SafeHaven<sup>™</sup> was founded after recognizing a greater need to provide health care teams the support they need to stay well and prevent burnout.

# **RESOURCES FOR YOU AND YOUR FAMILY MEMBERS**

SafeHaven™ includes Clinician Well Being Resources from VITAL WorkLife confidential and discreet resources designed to reduce stress and burnout, promote work/life integration and support well being for you and your family.

These resources include:

Resources provided by:



www.VITALWorkLife.com



#### **Clinician Peer Coaching**

Talk with someone like you who can help you grow both personally and professionally



#### Counseling

Virtual counseling sessions are available for you and your family



#### Support When You Need It

In-the-moment telephonic support is available 24/7



#### **Legal & Financial Consultations**

Consultations and resources are available to assist with legal and financial questions



## **WorkLife Concierge**

A virtual assistant to help with every day and special occasion tasks



## **VITAL WorkLife App**

Mobile access to resources, well being assessments, insights, videos and more

**Enrollment Begins March 1st!** 

Interested in learning more? Visit asco.safehavenhealth.org

Questions - contact safehavenhealth@msv.org or amy.factor@vitalworklife.com

#### **WE PROTECT HEALTHCARE PROVIDERS**

Certain states offer additional legal protections to providers who are enrolled in SafeHaven™. These protections include:

- Independence from traditional EAPs
- **Immunity** from reporting unless a provider is a danger to themselves
- Privileged Communications that do not pose a risk to a clinician's medical license

Visit safehavenhealth.org to learn more and view participating states.

